

VINAYAKA MISSION'S COLLEGE OF PHYSIOTHERAPY

- 1) Activity/Program: CORONA AWARENESS RALLY
- 2) Organised By: NSS Unit, VMCPT
- 3) Date:26.02.2020
- 4) Venue: ChinnaSeeragapadi Village.
- 5) Time:10 AM – 12PM
- 6) No of Faculty Involved:2
- 7) No of Students Involved:40
- 8) Report of the activity: The NSS unit of Vinayaka Mission's College of Physiotherapy conducted an CORONA AWARENESS RALLY at Chinnaseeragapadi village.

Dr.T.Sudhakar NSS programme officer delivered a speech about the symptoms of this disease followed by preventive methods such as washing hands, cleaning the surface area by using disinfectants and using face mask . NSS Volunteers displayed charts including symptoms, complications, transmission and prevention of COVID-19 to the Villagers.



VINAYAKA MISSION'S COLLEGE OF PHYSIOTHERAPY

- 1) Activity/Program: Supporting the Prime Minister's Clapping initiative to honour the Frontline workers against COVID 19
- 2) Organised By: NSS Unit, VMCPT
- 3) Date:22.03.2020
- 4) Venue: Volunteers in their respective places.
- 5) Time:2 PM – 6 PM
- 6) No of Faculty Involved:2
- 7) No of Students Involved: 30
- 8) Report: The student educated the villagers about Clapping initiative, which is to express gratitude to those who are working day and night at the time of pandemic Covid-19, like Doctors, Nurses, Police personnel, Corporation workers, etc. They went to the door steps and to area where the people were in small groups. Advice was given to the villagers against COVID prevention and the usage of Masks, hand wash for minimum 20 seconds at least 5 times a day, to use hand sanitizer's and to keep social distancing and to avoid frequent coming out of the home.



VINAYAKA MISSION'S COLLEGE OF PHYSIOTHERAPY

- 1) Activity/Program: SUPPORT & HEALTH EDUCATION DURING COVID 19
- 2) Organised By: NSS
- 3) Date:02.04.2020, 03.04.2020
- 4) Venue: Kasthoori Bai Nagar, ChinnaSeeragapadi, Salem
- 5) Time:10 AM – 2 PM
- 6) No of Faculty Involved : 3
- 7) No of Students Involved: 20
- 8) Report: The student went to the village and educated the people regarding awareness and prevention of COVID 19. Mask and soap was given to the villagers with the Advice for the using the Masks, washing the hands frequently and to keep social distancing and to avoid frequent coming out of the home.



VINAYAKA MISSION'S COLLEGE OF PHYSIOTHERAPY

- 1) Activity/Program: **TELEMEDICINE FOR DISABLED DURING LOCKDOWN**
- 2) Report of the activity: During the lock down period, government appointed district wise physiotherapists to help the people who are in need of physiotherapy. Our Principal Dr.A.Rajan Samuel, and our faculty Dr.M.Senthil Kumar , Dr.K.Ramya were appointed for this service. They gave advices to the needy through telephone and in case of desperate need of physiotherapy, Physiotherapists was arranged and sent to their place of stay. A team of students were involved in propagating the contact numbers to the public through social media



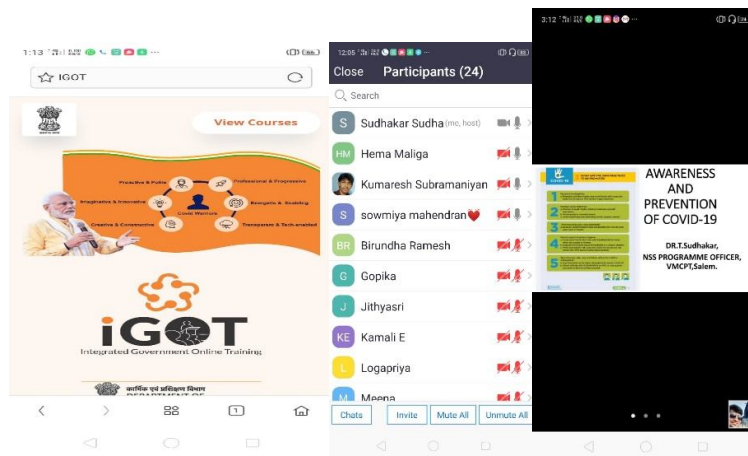
VINAYAKA MISSION'S COLLEGE OF PHYSIOTHERAPY

- 1) Activity/Program: Awareness Campaign to Prevent the spread of COVID-19 in Pethanur Village
- 2) Organised By: NSSUnit, VMCPT
- 3) Date:07.04.2020
- 4) Venue: Pethanur , Chinnasalem to Nattamangalam road, Tamilnadu - 606204
- 5) Time:10 AM – 2 PM
- 6) No of Faculty Involved : 2
- 7) No of Students Involved: 10
- 8) Report: The students went to the village and educated the people regarding awareness and prevention of COVID 19. They went to the door steps and to area where the people were in small groups. Advice was given to the villagers against COVID prevention and the usage of Masks, frequent hand wash, to use hand sanitizer's and to keep social distancing and to avoid frequent coming out of the home.



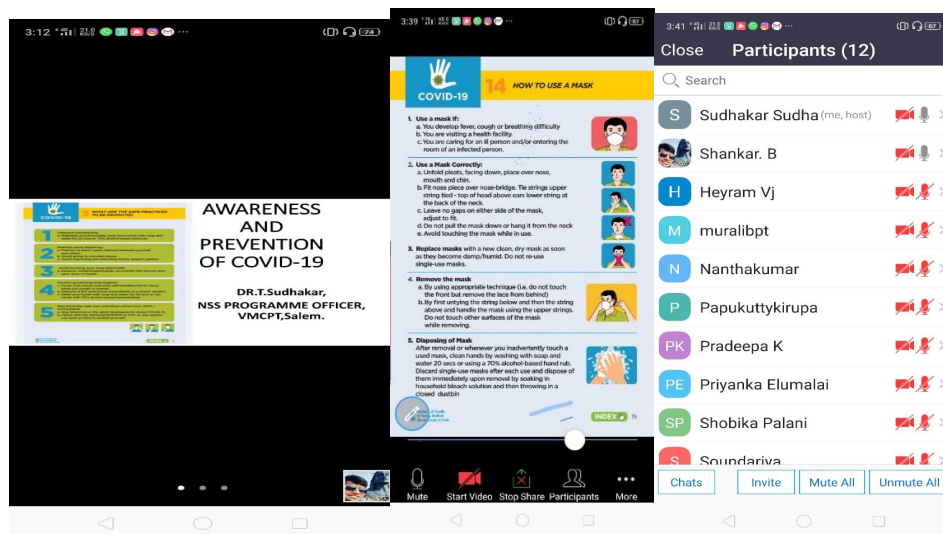
VINAYAKA MISSION'S COLLEGE OF PHYSIOTHERAPY

- 1) Activity/Program: ONLINE EDUCATION FOR STUDENT VOLUNTEERS AGAINST COVID-19.
- 2) Organised By: NSS Unit, VMCPT
- 3) Date:17.04.2020
- 4) Mode : ZOOM online meeting
- 5) Time:12PM – 1PM
- 6) No of Faculty Involved: 1
- 7) No of Students Involved: 25 (First Year)
- 8) Report: The students were educated on the following aspects
 - 1) Installation of Arogya setu app and how to use it and uses of it
 - 2) To get registered in the IGOT courses
 - 3) Covid -19 Book of five from Ministry of health and Family welfare was circulated through what's app and advice was given to NSS VOLUNTEERS to follow up Measures
 - 4) Advice was given to educate the nearby villagers against COVID prevention and the usage of Masks, frequent hand wash, to use hand sanitizer's and to keep social distancing and to avoid coming out of the home.
 - 5) The students assured to carry out these activities in their villages or nearby places and villages.



VINAYAKA MISSION'S COLLEGE OF PHYSIOTHERAPY

- 1) Activity/Program: ONLINE EDUCATION FOR STUDENT VOLUNTEERS AGAINST COVID-19
- 2) Organised By: NSS
- 3) Date:21.04.2020
- 4) Mode : ZOOM online meeting
- 5) Time:3PM – 4 PM
- 6) No of Faculty Involved: 1
- 7) No of Students Involved: 15 (Final Year)
- 8) Report: The students were educated on the following aspects
 - 1) Installation of Arogya setu app and how to use it and uses of it
 - 2) To get registered in the IGOT courses
 - 3) Covid -19 Book of five from Ministry of health and Family welfare was circulated through what's app and advice was given to NSS VOLUNTEERS to follow up Measures.
 - 4) Advice was given to educate the nearby villagers against COVID prevention and the usage of Masks, hand wash for minimum 25 seconds atleast 10-15 times a day, to use hand sanitizer's and to keep social distancing and to avoid coming out of the home.
 - 5) The students assured to carry out these activities in their villages or nearby places and villages.




VINAYAKA MISSION'S COLLEGE OF PHYSIOTHERAPY

- 1) . Activity/Program: SIMPLE EXERCISES TO STAY ACTIVE AND STAY IMMUNE DURING LOCKDOWN
- 2) Organised By: NSS Unit, VMCPT
- 3) Date:25.04.2020
- 4) Mode: Social Media Like What's app, Facebook and Television.
- 5) Time:7.30 AM – 6 PM
- 6) No of Faculty Involved : 5
- 7) No of Students Involved: 25
- 8) Report: "Simple Exercises that can be done at Home during COVID 19 Lock Down Period", Staffs and students actively gave speech and showed some simple exercises that can be done at home, through social media, and our PhD scholars gave exclusive interviews in television also.



INPUTS REGARDING THE IMPACT OF COVID 19 ON RURAL POPULATION

1. THE NUMBER CASES REPORTED AT THE TIME OF OUR VISIT TO VILLAGES WERE MINIMAL
2. THE AMOUNT OF AWARENESS ABOUT THE CORONA VIRUS NEEDS TO BE IMPROVED AMONG RURAL POPULATION
3. A GENERAL PANIC PREVAILS AMONG THE RURAL POPULATION
4. VILLAGERS ARE DEEPLY WORRIED BY THE LOCKDOWN AND THE FINANCIAL IMPACT ON THEIR FAMILY
5. THEY ALSO HAVE A PERCEPTION THAT IT WILL NOT AFFECT THEIR VILLAGERS


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